Goodwin Benefits Vendor Information and Additional Resources

Vendor	Description	Contact Information
Bright Horizons Family Solutions [™]	Bright Horizons offers high-quality back-up child and adult/elder care, plus access to enhanced family support including regular caregivers, pet care, tuition discounts and more.	+1 877 242 2737 clients.brighthorizons.com/ goodwinlaw (First-time users) Username: GoodwinLaw Password: gpbackup
Cleo	Cleo offers expert guidance and evidence-based programming on topics such as planning a family, fertility, birth preparation, newborn care, childhood development, behavioral issues, childcare options, adolescence, navigating work and life balance, and more.	support@hicleo.com hicleo.com/activate (Activate a new account using your Goodwin email address)
KinderCare	Goodwin partners with KinderCare to provide a 10% discount on tuition rates for full-time or part-time care at participating KinderCare childcare centers.	+1 888 525 2750 kindercare.com/employee- benefits/goodwinlaw
Goodwin Benefits Department (Available Monday through Friday from 9:00 AM — 8:00 PM ET)	Our benefits platform – You@Goodwin – is built upon the premise that well-being is about taking a holistic view of life and maximizing wellness in all sectors: work life, home life, financial well-being and community engagement.	+1 617 570 1800 benefitsdepartment@ goodwinlaw.com
Guide Employee Assistance Plan	Guide, a free and confidential concierge-level Employee Assistance Plan, is offered by Goodwin through BHS.	+1 888 784 5665 Care Concierge Scheduler: portal.bhsonline.com (Username: Goodwin)
Health Advocate	Health Advocate is a free and confidential service that provides everyone at Goodwin and their spouse/domestic partner, dependent children, parents and parents-in-law with a Personal Health Advocate supported by a team of medical doctors and administrative experts.	+1 866 695 8622 healthadvocate.com



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Teladoc Medical Experts	Teladoc Medical Experts is a free and confidential service to everyone at Goodwin and their spouse/domestic partner, dependent children, parents and parents-in-law to support them in making medical decisions.	+1 800 TELADOC (835 2362) teladoc.com/medicalexperts
Wellthy	Goodwin partners with Wellthy which provides administrative and logistical support for caregivers.	+1 877 588 3917 wellthy.com/goodwinlaw

Other Resources

Vendor	Description	Contact Information
Alcohol Use Disorders Identification Test (AUDIT)	The AUDIT screens for unhealthy alcohol use, which is defined as risky or hazardous consumption or any alcohol use disorder.	auditscreen.org/using-audit
Depression Screening Questionnaire	If you are concerned about yourself or someone you love, take a few minutes to complete this anonymous self-assessment.	helpyourselfhelpothers.org
Lawyers Depression Project	The Lawyers Depression Project aims to break stigmas and serve as a peer-to-peer support group for legal professionals struggling with mental health.	lawyersdepressionproject.org
988 Suicide & Crisis Lifeline	The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.	988 988lifeline.org
Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.	+1 800 662 HELP (4357) samhsa.gov/find-help/ national-helpline

