Next for America’s Nursing Homes: A Legal Pandemic

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But a confluence of two factors—the COVID-19 pandemic and government enforcement initiatives—portend the likely softening of this skepticism.

Even before COVID-19 had taken hold, the U.S. DOJ announced an enforcement focus on nursing homes, including False Claims Act (FCA) cases against those that fail to deliver adequate services to care for their residents.

Then COVID-19 ravaged America’s nursing homes: last month, the New York Times reported that nursing home residents or workers accounted for more than a third of all coronavirus deaths in the United States, with the virus having infected more than 153,000 individuals at some 7,700 facilities.

As the death toll has grown, Congress and multiple state entities have announced investigations specifically looking at COVID-19 issues in nursing homes.

This is fertile ground for developments in the law of “worthless services” unfavorable to nursing homes.

**False Claims Actions Premised on a ‘Worthless Services’ Theory**

The government initiatives looking at nursing homes will no doubt uncover instances that fit into traditional FCA frameworks: entities that billed Medicare or Medicaid for services they never provided or that billed for provided services that were medically unnecessary.

But the reports of systemic failures at nursing homes suggest the DOJ may turn to the more aggressive theory that these facilities provided so-called “worthless” services—that is, services which are so insufficient that they provide no value to the government at all, rendering claims for reimbursement by Medicare or Medicaid false. For example, federal law provides that a “nursing facility
must care for its residents in such a manner and in such an environment as will promote maintenance or enhancement of the quality of life of each resident.” 42 U.S.C. § 1396r(b)(1)(A). One could argue this provision sets a standard for resident care and that a significant departure from the standard renders the services worthless. The consequences of such liability are severe: if the services were entirely worthless, actual damages equal the entire value of the claims, and the government can recoup treble damages under the FCA’s penalty provisions.

Though case law in this area is scarce, historically nursing homes enjoyed strong defenses in such investigations. Courts have imposed a high bar as to when service insufficiencies rise to the level of being “worthless” for FCA purposes. In Absher v. Momence Meadows Nursing Center, the lead circuit court decision addressing “worthless services” in the nursing home context, the relators—former nurses at Momence’s 140-bed long-term care facility—argued at trial that Momence had provided worthless services to Medicare and Medicaid patients by failing to prevent infections, control pests, manage pressure sores, provide correct medications, prevent accidents, and prevent staff abuse of residents. 764 F.3d 699 (7th Cir. 2014). The jury found Momence liable, concluding that it submitted nearly 2,000 false claims, and the district court entered judgment in the amount of $9 million after trebling the damages.

The U.S. Court of Appeals for the Seventh Circuit reversed the verdict, holding that the defendants were entitled to judgment as a matter of law because no reasonable jury could have found that Momence provided “truly or effectively worthless nursing services to its residents.” As the court explained, “the performance of the service [must be] so deficient that for all practical purposes it is the equivalent of no performance at all. It is not enough to offer evidence that the defendant provided services that are worth some amount less than the services paid for.”

The court also noted that Momence was allowed to continue operating and rendering services despite regular visits by government surveyors, who it said would have noticed if the facility effectively provided no care.

More recently, the Eastern District of Pennsylvania applied similar legal principles. In Jackson v. DePaul Health System, the court rejected relator’s argument that the defendant’s 120-bed nursing facility provided worthless services due to insufficient supplies, staffing shortages, and four exemplary incidents involving residents. Citing Absher, the Jackson court held that to be worthless, “the provision of services must be so substandard as to be tantamount to no service at all.” 2020 WL 1875608 (E.D. Pa. Apr. 15, 2020). Noting that no court of appeals has yet opined on where the line is drawn between substandard and “worthless” services, the Jackson court took the position that it should be drawn when there is “gross negligence in complying with standard of care regulations,” i.e., services are worthless when they are provided “without even slight care.” Following that standard, the care the defendant nursing home provided to its residents was not “worthless,” because residents had been treated when issues had arisen, which constituted “at least slight care to the promotion of quality of life.”

The Jackson court also found that even if the incidents were representative of a more widespread problem, the facility’s conduct did not rise to gross negligence, including because the facility had processes for ensuring sufficient staffing, procuring supplies, and obtaining resident feedback, and because—like in Absher—inspections did not reveal any “immediate jeopardy” deficiencies that warranted disqualification.

Intense Government Scrutiny on Nursing Homes

Current regulatory warnings suggest that FCA litigation against nursing homes is likely. They also suggest that future litigants may struggle to build a defense based on government inaction, which was a helpful fact for the nursing homes in both Absher and Jackson.

At a late February speech at the Federal Bar Association’s Qui Tam conference, Jody Hunt, assistant attorney general for the DOJ Civil Division, identified improper care and billing at nursing homes as
one of the DOJ’s top 2020 health-care enforcement priorities. In short order, a March 3, DOJ press release announced the launch of a National Nursing Home Initiative focusing on civil and criminal efforts to pursue facilities that provide “grossly substandard care” to their residents, adding that DOJ was already investigating approximately 30 individual nursing facilities in nine states.

COVID-related investigations may discover instances of substandard care that led to the death of residents. On June 16, spurred by reports of widespread infections in nursing homes and long-term care facilities, Congress announced an investigation into the COVID-19 crisis in nursing homes. The investigation, led by the Select Subcommittee on the Coronavirus Crisis, reportedly seeks documents and information from the Centers for Medicare and Medicaid Services about its oversight and regulatory enforcement, and from five national for-profit nursing home companies about COVID-19 cases and deaths, testing, PPE, staffing levels and pay, legal violations, efforts to prevent further infections, and the use of federal funds during the pandemic.

State governments have added to this scrutiny. On May 6, New Jersey Gov. Phil Murphy announced plans to conduct a “rapid review” of the state’s 575 long-term care facilities, focused not only on mitigating COVID-19 risks but also on identifying potential state or federal actions. On May 12, the Pennsylvania Attorney General’s Office announced that several of the state’s nursing homes were under criminal investigation, after the office had received complaints about neglect. Other states, including New York and Massachusetts, have also launched investigations into nursing home facilities as a result of COVID-19 outbreaks.

**COVID-19 May Alter Judicial Judgments as to Negligence**

In past worthless services cases, regulatory inaction was a helpful fact for nursing homes seeking to defend themselves. The current environment suggests that such defenses may no longer be available.

Another unknown is how the “worthless services” analysis will be shaped by collective experience of the COVID-19 pandemic and, in particular cases, bad facts involving widespread COVID-19 deaths at a facility. Courts inevitably bring their own judgment and experience to bear on what constitutes negligence or expected performance when analyzing new cases. The pandemic has altered collective views about reasonable precautions, and an environment of stricter regulatory enforcement can also sway how judges see an institution’s performance.

The Jackson court, for example, acknowledged the possibility that gross negligence—and thus worthless services—could be found where there is evidence of pervasive issues such that a reasonable inference of significantly substandard care could be drawn. In this environment, widespread sickness and mortality at a nursing home might provide the groundwork for a successful worthless services argument.

However the law develops, many more nursing homes and skilled nursing facilities will grapple with this legal question. Before they do, they should examine existing cases and regulatory guidance for steps they can take to mitigate their risk. This includes steps that prior entities have cited to rebut worthless services claims, including active and robust compliance plans and practices, the prompt handling of any complaints, and the attentive response to government standard-of-care guidance.

*William Harrington* and *Annie Railton* are partners at Goodwin in New York and *Tucker DeVoe* is an associate in Boston.